Principles of Effective Interventions

Amy Barch
1. The Risk Principle

Who should be targeted for treatment?
1. The Need Principle

What should treatment target?

- PERSONALITY
- THINKING
- ANTI-SOCIAL BEHAVIOR
- SUBSTANCE USE
- FAMILY
- PEERS
- SCHOOL
- WORK
- RECREATION / LEISURE
Targeting Criminogenic Need: Results from Meta-Analyses

1. The Responsivity Principle

**How should the treatment be delivered?**
The most effective intervention models use:

1. Social learning to practice new skills and behaviors
2. Cognitive behavioral approaches that target criminogenic needs
3. Reinforcements for pro-social behavior

Cognitive Behavioral Bootcamp
In-House Transitional Employment
Transitional Jobs
Rethinking Expectations:
Proven Practices to Reduce Reoffending in High Risk Populations
Admissions to Jail and Community Supervision in Charleston (2016)

FAMILIAR FACES IN 2016

1,490  3-4 times
460    5+ times

553 (38%) Assessed Medium Risk and Higher

Familiar Faces Booked Repeatedly Charleston County Detention (SACDC)

Risk Profile for Admissions to Charleston County Probation and Parole
Systemic Approach: Targeted and Evidence-Based Practices for Recidivism Reduction